

17 Quiz Midlife Crisis

ANSWERS

1. For Gottman which is a predictor of divorce:

- a. delayed gratification
- b. self-observation
- c. stonewalling
- d. efficacy

2. Humanism a reaction to:

- a. cognitive therapy
- b. psychoanalysis
- c. existentialism
- d. behaviorism

3. For some theorists self-esteem is the same as:

- a. self regulation
- b. self criticism
- c. self analysis
- d. all of the above

4. What percentage of people have a mid-life crisis:

- a. 10%
- b. 20%
- c. 45%
- d. 67%

5. Which studied delayed gratification:

- a. Maslach Burnout Inventory
- b. Boston Children's Program
- c. marshmallow study
- d. rouge test